

Lent and Easter Resources

Last Update: January 11, 2019

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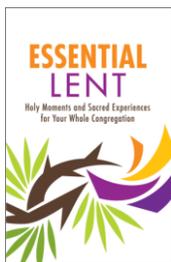
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UCC Resources:



Essential Lent – Holy Moments and Sacred Experiences for Your Whole Congregation

Publisher: The Pilgrim Press

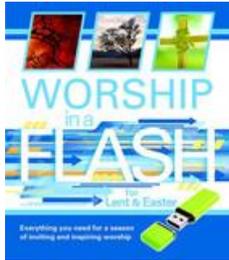
Publication Date: 2014

Age Level: Adults, Young Adults, Youth (ages 12-17), Older Children (ages 7-11), Younger Children (ages 3-6), Intergenerational Groups, Seekers and Those New to Church

Learn More/Order:

<http://www.uccresources.com/products/essential-lent-holy-moments-and-sacred-experiences-for-your-whole-congregation>

Making pretzels. Flying a kite. Sharing a snack. What do these things have to do with Lent? Quite a bit, as you'll see in *Essential Lent: Holy Moments and Sacred Experiences for Your Whole Congregation*. This resource offers interesting, easy-to-prepare activities and worship resources that *invite your church to delve a little deeper into this season and make it more meaningful than ever.*



Worship in a Flash for Lent and Easter

Publisher: Abingdon Press

Author: Robert A. Ratcliff

Learn More/Order:

<http://www.uccresources.com/products/worship-in-a-flash-for-lent-and-easter>

Everything you need for a season of inviting and inspiring worship.

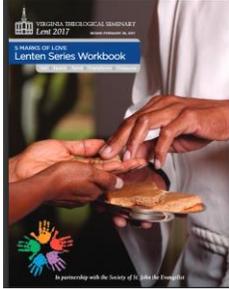
You know how important it is to plan meaningful, engaging worship services-especially during this season. What you don't know is how you're going to find the time to research dozens of websites and pull together all the prayers, music, sermon ideas, projection images, and everything else you need for an authentic encounter with God in worship. What if all these elements were together for you in one place? What if all that help fit easily in your pocket or your purse? Welcome to *Worship in a Flash for Lent and Easter*.

Here is all you need on a convenient USB drive with room to store your notes as you plan worship each week. The *Worship in a Flash* USB drive is compatible with Windows and Macintosh formats. It includes prayers, calls to worship, litanies, benedictions, sermons, music, projection images, and more. Liturgies, prayers, sermon outlines, and other text materials are in PDF format. Images are in JPEG format.

Worship in a Flash includes:

- Calls to worship
- Pastoral Prayers
- Litanies
- Suggested Scripture readings
- Suggested sermon series
- Sermon briefs
- Hymn and praise song suggestions
- Anthem and solo suggestions
- Projection images
- Communion/Lord's Supper service
- Ash Wednesday service
- Palm/Passion Sunday service
- Maundy Thursday service
- Good Friday service

*Resources listed in this section have been successfully utilized and recommended by local church(es) in the New Hampshire Conference United Church of Christ.

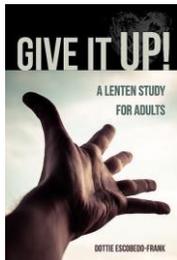


5 Marks of Love – A Lenten Series Workbook

Publisher: Virginia Theological Seminary
Publication Date: 2017
Age Level: Adults and Children (7-14)
Learn More/Order: <https://www.ssje.org/5marksoflove/>

If you are planning on using *5 Marks of Love* in Lent 2019, we recommend starting on **Sunday, March 3**.

This six-week journey of reflection on the Anglican Marks of Mission is now available as an anytime series for individuals and groups. Observe and reflect on the ways in which the Divine Life expresses itself in and through us; individually, and in our faith communities, as well as in the world around us. Each week will explore the Anglican Marks of Mission (Tell, Teach, Tend, Transform and Treasure) through videos, questions, and exercises designed to help us speak more clearly and act truthfully, motivated always by hearts marked by God's love.

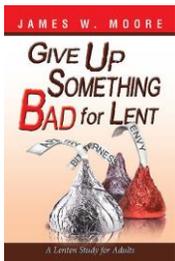


Give It Up! A Lenten Study for Adults

Publisher: Abingdon Press
Publication Date: 2014
Author: Dottie Escobedo-Frank
Age Level: Adults
Learn More/Order:

<http://www.uccresources.com/products/give-it-up-a-lenten-study-for-adults-escobedo-frank>

This Lenten study reflects on all the things that hold our attention, occupy our minds and monopolize our time, yet still isolate us from God and the world around us. Things like social media, phones, the noise of life, and focus on the external. Imagine taking on the challenge of giving up each of these for a week. During this seven-week study, Dottie Escobedo-Frank takes the reader on a journey of self discovery, where he or she learns that the power of release brings great gain. The biggest gain is a stronger relationship with Christ. In the release, each person is freed to "give it up" in applause and praise for a life deeply lived in Christ.



Give Up Something Bad for Lent

Publisher: Abingdon Press
Publication Date: 2012
Author: James W. Moore
Age Level: Adults
Learn More/Order:

<http://www.uccresources.com/products/give-up-something-bad-for-lent-a-lenten-study-for-adults-moore>

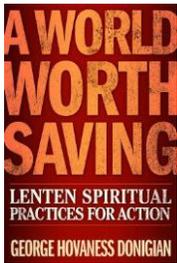
During Lent each year we give up something as an act of sacrifice and spiritual discipline. Often it is

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something we like to eat, like chocolate, knowing that come Easter Sunday we can once again enjoy what we have given up. James Moore challenges us, as he did himself, to take it further. Why not give up something spiritually that we would be better off not doing? He asks us to intentionally, with God's help, focus on eliminating one habit or attitude that is destructive in our lives. Imagine giving up envy, jealousy, self-pity, apathy, procrastination, gossip, resentment, negative thinking. How much better your life would be!

Take the days of Lent to use this study and prepare to give up something "Bad" while preparing to fully embrace the "Good News" of Easter. Study includes seven sessions, one for each Sunday in Lent and Easter Sunday. Each session features a Scripture reference, a personal reading, questions for personal reflection or group study, and closing prayer.

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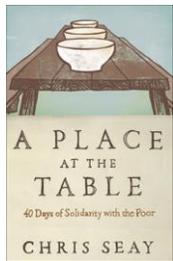
A World Worth Saving Lenten Spiritual Practices for Action

Publisher: Upper Room
Publication Date: 2013
Author: George Hovaness Donigian
Age Level: Adults

Learn More/Order:

<http://www.uccresources.com/products/a-world-worth-saving-lenten-spiritual-practices-for-action>

For anyone who dismisses Lent as a seemingly endless time of self-sacrifice and introspection, *A World Worth Saving: Lenten Spiritual Practices for Action*, a 6-week study for Lent, offers a breath of fresh air. *A World Worth Saving* connects prayer and other inner spiritual practices with outward actions of mercy and compassion. George Donigian guides you to grow in your prayer life by praying about daily news reports, discovering the needs around you, and responding with love and compassion. You will discover ways to: serve others, feed the hungry, seek justice and fight injustice, offer healing and, extend friendship. Donigian's conversational style and use of well-known hymn texts will engage you in this energizing Lenten study.



A Place at the Table – 40 Days of Solidarity with the Poor

Publication Date: 2012

Learn More/Order:

<http://www.chrisseay.net/ecclesia/book/place-table-2012>

(Website includes a sample Session video)

In a culture built on consumption-especially of food-it is easy to forget the poor that Jesus cared so much about. Following the pattern of his successful Advent Conspiracy, Chris Seay invites readers on a journey of self-examination, discipline, and renewed focus on Jesus that will change their lives forever.

He challenges readers to eat like the poor for forty days in solidarity with a much-neglected group of people, and to donate the money they save on groceries to a charity or project that serves the poor in concrete ways. But he doesn't expect them to go it alone. *A Place at the Table* includes a short chapter for each of those forty days with Scripture, reflections, prayers, encouragement, and tips for engaging the whole family in the process. The six-session DVD, shot in such locations as the Holy Land, Haiti, and Ecuador, will help small groups and entire churches go on a passionate journey of radical faith, personal action, solidarity with the poor, and extravagant grace.

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A Place at the Table (Documentary Film, Hunger in the United States)

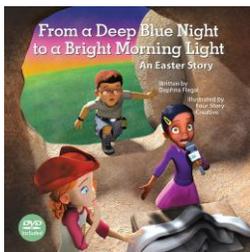
Publication Date: 2013

Learn More/Order: <http://www.magpictures.com/aplaceatthetable/>

50 Million Americans—1 in 4 children—don't know where their next meal is coming from. A Place at the Table tells the powerful stories of three such Americans, who maintain their dignity even as they struggle just to eat. In a riveting journey that will change forever how you think about the hungry, A Place at the Table shows how the issue could be solved forever, once the American public decides—as they have in the past—that ending hunger is in the best interests of us all.

Study Guide for this documentary is available for free download at:

http://www.takepart.com/sites/default/files/APATT_Active_DiscussionGuide.pdf



From a Deep Blue Night to a Bright Morning Light – An Easter Story

Publisher: Abingdon Press

Publication Date: 12/2015

Age Level: Children

Learn More/Order:

<https://www.uccresources.com/products/from-a-deep-blue-night-to-a-bright-morning-an-easter-story-hardcover-book-dvd>

Join the kids from the *Deep Blue Kids Bible* as they tell the story of Jesus' Resurrection from the Gospel of John. Includes a maze, a dot-to-dot picture, picture match, and Holy Week calendar. Also included in this hardback edition is a 12-minute video of the Easter story taken from the *Deep Blue Kids Curriculum*.



The Easter Garden – a Lenten Experience for Children

Publisher: Abingdon Press

Publication Date: 12/2012

Age Level: Children

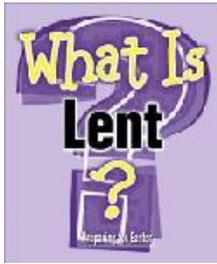
Learn More/Order:

<http://www.uccresources.com/products/the-easter-garden-a-lenten-experience-for-children>

The Easter Garden is a special place to explore the story and the symbols of Holy Week. Time in The Easter Garden is spent exploring the Bible, making symbols of Lent as special gifts, and preparing for a presentation of the story of the Easter.

Includes an intergenerational worship with the presentation of the Easter story and suggestions for making *The Easter Garden* a one-day event. Featured symbols: palm tree (palm Sunday), grape arbor (Last Supper), stream (washing of feet), rooster (Peter's denial), rock (prayer in the garden), cross (crucifixion), lily, and a butterfly (Easter).

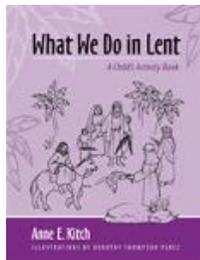
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What is Lent?

Publisher: Abingdon Press
 Publication Date: 09/2011
 Age Level: Ages 9-12 (pre-teen)
 Learn More/Order: <http://www.uccresources.com/products/what-is-lent-5-pack-stoner>

An introductory series to the essential elements of worship. By working through the fun activities, puzzles, and games in this booklet, pre-teens will learn the basic fundamentals of the church season, Lent. This booklet is part of a series and other church season booklets are available as well.



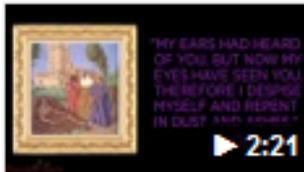
What We Do in Lent - A Child's Activity Book

Publisher: Morehouse Pub
 Age Level: Ages 4-7
 Learn More/Order: <http://www.uccresources.com/products/what-we-do-in-lent-a-childs-activity-book-kitch>

This booklet is filled with fun-filled activities to help children learn about the seasons of Lent and Easter. This book includes mazes, crossword puzzles, connect the dots, and more. 41 pages of activities and a 4-page parent guide designed to promote parenting in the pews.

View a [complete listing](#) of UCC Resources Lent and Easter materials.

Other Resources:



Ash Wednesday and Lent in Two Minutes

Publisher: BustedHaloVideo (www.bustedhalo.com)
 Publication Date: March 6, 2011
 Age Level: All Ages will enjoy this YouTube Video
 Learn More/Watch: <https://www.youtube.com/watch?v=m3L3c23MfC0> or <https://vimeo.com/42358205>

A brief kinetic type video explaining the what and why of Ash Wednesday and Lent, from the history of wearing ashes dating back to the Old Testament, to the practices of Catholics and Christians during Lent. (from the editors at BustedHalo.com) Music: Kevin **MacLeod** (incompetech.com/)



40 Days of Focus: Congregational Formation during Lent

[Watch a replay of the Webinar](#) originally held on January 18, 2017.

This webinar was part of the Wisdom From the Field Webinar Series sponsored by The Center for the Ministry of Teaching at Virginia Theological Seminar. It is now hosted on the Buildingfaith website.

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